



THE FINE GUIDE

We cannot wait to welcome you
to Glastonbury Festival!

Each year we craft and build a
wonderland on these Somerset
fields in which to celebrate
the best of what humanity has
to offer - inspiring culture,
intrepid creativity and the
uplifting power of personal
connection.

We hope you will fully immerse
yourself in everything these
fields offer and emerge
renewed, engaged and burning
with life-affirming idealism.

Read this guide for lots of
tips on how to have the very
best experience at Worthy Farm!

This Fine Guide is printed on recycled paper
using vegetable-based inks

DIRECTORY

Getting here

The cleanest ways to travel to Glastonbury Festival are by bike and **public transport**, and over a third of ticket-holders travel to the Festival on coaches, trains or other forms of public transport. We'd encourage you to join them, and reduce your carbon footprint.

For those **cycling** to the Festival, Bike To Glasto provide free, secure bike lock-ups, as well as a designated cyclists-only campsite which includes showers.

If arriving by public transport is not an option, please do what you can to fill all the seats in your **car** and make the most of your mileage. This will go a long way to help look after our environment, reduce carbon emissions and lessen the cost of travel. Your satnav will not get you all the way to the Festival site – please follow the Festival signs as soon as you see those.

Car parks will open at 9pm on the Tuesday before Festival gates open, allowing Festival-goers to arrive throughout the night, when traffic volumes are low.

There will, however, be no entertainment or facilities in the car parks and Festival-goers will be expected to remain in their cars until the **Festival gates open at 8am on Wednesday**.



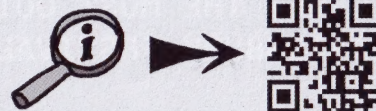
Getting in

Make sure you have your Festival ticket handy well before you arrive BUT do not hand over your ticket to anyone – even if they look like stewards – until you reach the turnstiles where your ticket / photo will be checked and you will be issued with a wristband.

Do not leave the turnstile until you have been wristbanded by a gate steward. If you have a problem there are Ticket Enquiry Cabins near Pedestrian Gates.

Keep your ticket and wristband safe once on site, as you'll need them if you want to leave or re-enter the site, including going to and from car parks, caravan and campervan fields or offsite campsites (e.g. Worthy View).

**GET LOADS MORE INFO & ADVICE
AT GLASTONBURYFESTIVALS.CO.UK**



Campsite tips

There are loads of campsites at Glastonbury; each with their own unique atmosphere. Get more info about the different camping areas on our website, or ask a campsite steward when you arrive.

Don't leave valuables in your tent – store them securely at one of the free Property Lock-ups, open 24 hours a day. As well as looking after your belongings, the Lock-ups also distribute free toilet roll.

Keep your phone charged. And make sure you have enough charge to load any return journey e-tickets. Phones can be charged for free at the Vodafone recharge tent opposite Left Field, where you can also rent a battery pack.

Never take a smouldering or lit BBQ into a tent. Even if you think the fire has long gone out, they can emit dangerous carbon monoxide fumes.

Please use the bins properly and recycle your rubbish. Free bin and recycling bags can be found at Campsite Stewards' bases.

Take it home. Please do not leave any tents or camping equipment behind when you leave.

Advice for families with kids

The same notions of responsible childcare apply at Glastonbury Festival as they would in any busy city environment:

Please be aware that buggies and kinder wagons can be awkward to manoeuvre and difficult for other pedestrians to see in busier areas, please allow crowds to disperse before attempting to move your children and be mindful of taking young children into densely crowded areas.

Some busy adult-orientated late-night areas, particularly our venues in the South East Corner, are not appropriate for younger audiences at night. We strongly advise families with younger children under the age of 13 to leave these areas before 10pm. Even for teenagers under the age of 18, these areas may not be suitable after this time.

Markets

With over 400 food traders on site – 300 of which have a pocket-pleasing £6 offering – there's plenty to satisfy every appetite. Amble through our curated markets to track down everything from festival essentials to unique treasures.

What to bring

Please bring a good quality tent and other essentials that will last a lifetime of festival camping – and make sure you take them home with you!

Worthy Farm is a large hilly site, with rough tracks and uneven ground, so it's definitely worth packing a pair of **sturdy, waterproof walking shoes / boots.**

Only bring what you need, and be aware of what isn't allowed, for example, glass.

Scan here for our handy packing list and prohibited items:



Look after yourself

The main medical tent is located at Big Ground, supported by smaller medical units across the site as well as two dispensing pharmacies.

Our Worthy Welfare, Worthy Rest and Green Welfare tents are quiet places where anyone can go if they need time away from it all. They also offer specialist support, advice and counselling. Roaming welfare teams will also be working across the Festival site.

There are also Sensory Calm Spaces for neurodivergent Festival-goers.

Don't forget to drink plenty of water – bring a refillable bottle to use at one of our hundreds of free drinking water taps.

Illegal drug enforcement laws are as applicable on the Festival site as anywhere else in the country. There are police on site, and Glastonbury is not a good place to experiment with drugs.

Accessibility

To use the Festival's access facilities – including accessible campsite and stage viewing platforms – you must have pre-registered with the Access team before April 30, 2025.

HOW TO GET THE MOST OUT OF GLASTONBURY FESTIVAL

Take it slow and go with the flow. Don't try and zoom between a million things. Glastonbury is the world's largest greenfield festival. The site is vast, rugged and peppered with glorious distraction. Getting across it often takes longer than you think.

Have a plan B. All stages – including outdoor ones, but especially smaller tented venues – have a capacity for safety reasons and there is a chance that for some very popular performances, those will be reached. At that point, access to the field / stage might be temporarily closed, so it's always worth having other options in mind.

Keep an eye on the app & website. This year, we'll be posting a list each morning of performances which are looking likely to be particularly busy, to help inform your choices for the day.

Get there early. If there is a performance that you really don't want to miss, plan to arrive well in advance (some people literally get there hours ahead of time). And definitely try to avoid arriving just before or during a popular set.

Explore outer space. Head out of the main stage arenas to discover the eclectic otherness and unexpected wonders – convivial campfires, fringe tents and bonkers bars – that truly set Glastonbury apart.

Take a break from the hubbub. The site is truly ENORMOUS. For every area that feels busy, there will be another that's tranquil and calm. If the crowds ever feel too much, head in the opposite direction and you should soon find some space. For example, try the South East Corner during the day or chill out in the main stage arenas once the acts have stopped playing for the night.

Please be considerate of others. If you're arranging chairs or picnic blankets to watch acts from, please position them in sensible, considerate places and make sure there are clear gaps where other people can easily walk through and be prepared to move them if requested by a steward.

Know that whatever you do will be wonderful. Immerse yourself and just be in the moment.



Get all the info

Here are a few ways to keep up with all of Glastonbury Festival's latest news:

- Download the official **Glastonbury Festival App** for line-up information, an interactive map and essential news.
- Tune into **Worthy FM**, the Festival's on site radio station broadcasting on 87.7FM or through the app, for traffic information and live updates from Glastonbury's bustling fields.
- Visit one of the five on-site **Information Points** for invaluable Festival-related knowledge and free sun cream, toilet paper, period products, and to pick up a free copy of the Glastonbury Free Press, our official newspaper.
- The **Glastonbury website** and socials are updated regularly throughout the Festival.
- The **Knowledge pages** in the free programme (which you'll receive on arrival) are loaded with useful info.



Reduce Reuse Respect

Please honour your Worthy Pledge to respect the fields and each other and help Glastonbury Festival remain the welcoming place it is.

Love the farm, leave no trace.